

IMA DOMBIVLI BRANCH ACTIVITY REPORT (2019- 20)

FACE IT..... had been Our Motto!! And literally too....

Fellowship, Awareness, Community & Educational Programs were scripted and conducted with elan & grace as we moved on in the Association year 2019-20.

INSTALLATION CEREMONY (Sunday 31st March 2019)



Installation of Branch Managing Committee for the Association Year 2019-20 under the leadership of President Dr.Meena Pruthi was conducted on 31st March 2019.

A) CME'S & WORKSHOPS

1) A Multi-specialty CME (Wednesday 24th April 2019)



On Approach to Autoimmune diseases, newer treatment modalities in Parkinson's disease & SOL – D/D & Treatment.1 CME credit point was granted by MMC. The CME was attended by 89 members.

2) Medical CME on Liver Diseases (Wednesday 19th June 2018)



The topics were presented by renowned speakers from Fortis Hospital on Liver diseases, i.e. Viral Hepatitis, Hepatic Emergencies & Liver Transplant. The program was attended by 95 delegates granted 1 credit point for the CME.

3) Medical CME (Wednesday 17th July 2019)



CME with 1 credit point from MMC was organized on 17th JULY 2019.

The topics were on the innovative Robotic Surgery presented by esteemed & expert speakers and a lecture on Financial Literacy /Investor Awareness Program by ICICI Asset Management company. The program was attended by 60 delegates.

4) A Multi-specialty CME (Wednesday 21st August 2019)



Topics covered were: Novel Oral Anticoagulants by Dr. Zakia Khan Cardiologist.

Acute Stroke Management by Dr. Rakesh Lalla, Interventional Neurologist.

Osteoporosis: A Silent Disease- Dr. Raghvendra K. S. Orthopaedician. The program was attended by 93 delegates. MMC granted 1 credit point for the CME.

5) Multispecialty CME (Wednesday 29th January 2020)



Speakers from Apollo Hospital gave excellent talk on their respective topics.

- An Update: Golden hour in Emergencies • Advances in Cardiac Care
- Revision Joint Replacement. The CME was attended by 72 delegates. MMC granted 1 credit point for the CME.

6) Multispecialty CME (Wednesday 26th February 2020)



Eminent speakers from Reliance Hospital Navi Mumbai spoke on important topics of relevance in our daily clinical practises.

- Novel Corona virus 2019n Co V new strain- The Do's & Don'ts in a Pandemic.
- The new Targeted Radiation Therapy as Curative for Cancers.
- The Treatment of Coronary artery disease in the Elderly population.

Attended by 70 delegates, the CME was granted 1 MMC Credit point.

7) Clinical Symposia organized by IMA Dombivli CGP subchapter



Attended & Appreciated by the branch general practitioners

Tuesday 13th August 2019

Lecture for General Practitioners on Monsoon Illnesses: Diagnosis & Treatment.

Saturday 24th August 2019

Lecture on 'Hormonal therapy', How & When to Use by Obyg. Consultant.

Tuesday 17th December 2019

Lecture on Approach to a Lump / Swelling was superbly delivered by consultant surgeon.

8) INTERNATIONAL NURSES DAY CELEBRATION (FRIDAY 10th May 2019)



A Fun filled with academic interactive workshop on Nursing Etiquettes and Communication Skills & Infection Prevention in healthcare settings. Fun Activities included: Music & Dance Performances by the Participants, Musical Chairs Cake cutting ceremony, Photoshoot & A lovely memento to Cherish!! A nurse's training program was organized by IMA Dombivli through its HBI subchapter. The session was attended by 54 staff nurses representing 25 hospitals from Dombivli, Kalyan, Ambernath, Badlapur and Ulhasnagar.

9) NURSES' TRAINING PROGRAM (Sunday 22nd September 2019)



Critical Refresher Workshop: IMA Dombivli through its HBI subchapter conducted 2nd Nurses' training workshop The Critical Refresher Workshop 2019 for Educating and refreshing the knowledge and working skills of our Nursing staff and the paramedical workers. Hands-on training sessions was conducted on BASIC LIFE SUPPORT- Adult & Paediatric, managing emergencies and various other topics related to emergency management and sterile practices by trainers from Fortis hospital, Mulund. Attended by 55 paramedical staff, Nurses (ICU/OT/Ward), ICU & OT Assistants representing 15 hospitals from Dombivli, Kalyan and Ulhasnagar, Ambernath was highly appealing and great success. The participants were given certificates on successful completion of the program.

10) Workshop on Physical Health 'Doctor Heal Thyself' (Sun.13th Oct. 2019)



Organized for members of IMA Dombivli on Abdominal Girth Reduction by Women Doctor's Wing. The topic was '**Be Wise, Belly-wise**' Abd. Girth Reduction Workshop and Talk show by Dr. Shirish Patwardhan (सुटलेलेपोट - पोटाचा घेर* *कमी करा - आरामात) at Ganapati Mandir Vakratunda Hall, Dombivli. Topics covered- Introduction, Exercise Delink from time, YOGA - Your Obesity Goes Away Food Habits / Diet, Changing Software/thinking, Quest for change - कळतंपण वळत नाही. The program was attended by IMA Dombivli doctors and their family members. 30 Participants benefitted from this programme.

11) Workshop 'DIAGNOSTICS REVISITED' (Friday 29th November 2019)



This Workshop was a unique hand on opportunity to relearn the basics of HOW TO READ AND INTERPRET RADIOLOGICAL FILMS (X RAYS, CTSCAN, MRI), (NEURODIAGNOSTICS - EEG, EMG) & LABORATORY INVESTIGATIVE REPORTS (Cardiac Markers, Haematology & Coagulation Profile, Microbiology & Serology) was conducted by IMA Dombivli in association with Fortis Hospital, Mulund. This full day workshop was attended by 50 delegates and was well appreciated by everyone. MMC granted 2 credit points for the workshop.

12) IMAFEST 2019: The Annual Conference of IMA Dombivli (30th November & 1st December 2019)



A two-day Conference was organised on Saturday 30th November and Sunday 1st December 2019 starting with preconference workshop on 29th November 2019; with total 06 MMC Credit points. 2 days of IMAFEST conference witnessed 21 scientific sessions with 350 enthusiastic delegates from Dombivli, Thakurli, Kalyan, Thane, Bhiwandi. The Preconference workshop "Diagnostics Revisited" benefitted 40 registered delegates. Oration and Inauguration Ceremony were the highlights of our

conference. Dr. U. P. Rao Oration 2019 was conferred on Dr. R.V. Asokan Hon. Sec. General, IMA Headquarters, the Chief Guest at IMAfest 2019, who delivered the great oration on Healthcare: Industry or Profession'. The conference was graced by presence of National and State IMA leaders (posts mentioned as per designations then) - Hon. Secretary General Dr R. V. Asokan Sir as the honourable Chief Guest and The Guests of Honour; Dr. Ravi Wankhedkar IPP IMA HQ, Dr. Anil Pachnekar Vice President IMA HQ, Dr. Avinash Bhondwe President IMA MS, Dr. Jayesh Lele Hon. Nat. Sec. IMA HBI, Dr. Mangesh Pate our very own member & Hon. Nat. Treasurer IMA HBI, Dr. Pankaj Bandarkar Hon. Sec. IMA MS, Dr. Dhiren Kalawadia Hon. Treasurer IMA MS, Dr. Dinkar Desai President IMA Thane, Dr. Sangle President IMA Kalyan and Dr. Ujawala Bardapurkar President IMA Bhiwandi.

B) COMMUNITY PROJECTS UNDERTAKEN DURING THE YEAR 2019-20

A total of 32 community projects were undertaken by IMA Dombivli during year 2019-20. A brief synopsis is mentioned here.

1.WHO Day Program (Sunday 14th April 2019)



Was organized by IMA Dombivli on at Aditya Mangal Karyalay Dombivili. Eminent speakers from Dombivli spoke on WHO Theme: **UNIVERSAL HEALTH FOR ALL** Topics covered were Universal healthcare, Lifestyle disease awareness And We Pledge for insured India: Smart India. The programme was attended by Community & IMA Dombivli Members, being beneficial & appreciated by all.

2. WORLD FAMILY DAY (Sunday 12th May 2019)



Women Doctors' Wing Celebrated **INTERNATIONAL FAMILY DAY** in a special way on Sunday 12th May 2019 at Gharkul Ameya Palak Sanghatana, Khoni gaon, School & Residence for the Mentally Challenged special individuals aged between 28 to 65 years. At Gharkul Khoni, which is a home for 30 mentally challenged individuals between 28 to 65 years of age. Soulful musical performance was rendered by Sadguru Sangeet Vidyalay Team. It was a pleasure to watch the inmates Joyfully clapping & Dancing to the beats. We arranged Mehendi artist for the ladies; who very happily got their hands done up with beautiful mehndi designs. We were back home with a lovely memories to cherish & with Gratitude for being Blessed in our lives!!

3. COMMUNITY EDUCATION PROJECT (Tuesday 23rd April 2019)



WDW AND MPH committee of IMA Dombivli organized a lecture at Adivasi school Neral for Adolescent Education, under Safe motherhood week. Beneficiaries were 75 girls and boys of the adolescent age group. The programme aimed at creating

awareness about Health care, Sex education & counselling by our own eminent gynaecologist & senior Consultant Psychiatrist explained the children about the adolescent health and care in growing age.

4. COMMUNITY HEALTH CAMP (Sunday 26th MAY 2019)



To commemorate **World Labour Day**, A comprehensive health checkup camp was conducted at Kama office, Dombivli. 50 industry workers were evaluated Clinically by eminent consultants of our Town. Investigation conducted were: Blood Sugar Random, BP, ECG, Bone Mineral Density, Peak Flow Study, Audiometry.

5. MENSTRUAL HYGIENE AWARENESS WEEK (Thursday 30th May 2019)



IMAPULSE@live on Facebook live On the Occasion of MENSTRUAL HYGIENE AWARENESS WEEK MPH team conducted *Project: Menstrual Hygiene Awareness * a live Interact with our IMA doctors.

6. WORLD NO TOBACCO DAY observed on Friday 31st May 2019

IMAPulse@live session was conducted on LUNG HEALTH with eminent branch consultant members who spoke on hazards of tobacco on lung and other body systems.

7. AWARENESS CYCLE RALLY AND STREET PLAY (Sunday 2nd June 2019)



‘RIDE FOR AWARENESS’ was organized on occasion of No Tobacco Day and World Environment Day by IMA DOMBIVLI TEAM Cultural committee. The programme witnessed an enthusiastic Participation from 200+ cyclist with 100+ audience which included good response from IMA Doctors, Families, Friends Community participants Cycle Clubs, children, women and Senior citizen too.

STREET PLAYS ‘NO TOBACCO AND SAVE THE ENVIRONMENT’ were enjoyed by all and we received very positive feedback for the topics we performed from the community. The street play was performed by IMA Dombivli doctors and family members. Expert talk on Health hazards related to Tobacco and on LUNG HEALTH were given by eminent Oncologist and Chest Physician respectively.

8. TREE PLANTATION AWARENESS (5th June to 10th June 2019)



Online selfie with Sapling contest conducted for branch members and families to create awareness about tree plantation and Save the Environment.

9. POLICE AWARENESS PROJECT (Thursday & Friday 6th & 7th June 2019)



IMA Dombivli conducted CPR training programme for Policemen on 6th & 7th June 2019 under Basic life support management Hands-on training and Eye check-up camp for our Policemen of Ramnagar and Tilak Nagar Police stations Dombivli. IMA HBI, MPH teams participated in helping us this program. Beneficiaries were Police men and their Support Staff. Around 100 Police men and support staff participated in this program.

10. WORLD ELDER ABUSE PREVENTION DAY (SUNDAY 16th June 2019).

IMAPULSE@live on WORLD ELDER ABUSE PREVENTION DAY -Clinical psychiatrist spoke on elderly abuse prevention, treatment, awareness and social problems.

11. WORLD ANTI NARCOTIC DAY (Tuesday 25th June 2019)



Session conducted for 150 students of Model College, Dombivli in association with Tilak Nagar Police station. Alcohol and Tobacco Abuse & Drugs Abuse Awareness lectures was taken by Experts.

12. BLOOD DONATION DRIVE (Sunday 30th June 2019)



On the occasion of **Doctor's Day**, Blood Donation camp was organized as per the directives of IMA MS/IMA HQ in association with Plasma Blood Bank on 30th June 2019 at Dombivli Gymkhana. 55 units of blood was collected.

13. MISSION PINK HEALTH SCHOOL CAMP (25th, 26th & 27th July 2019)



Anaemia Detection & Control Program conducted at South Indian English School, Dombivli West for 1200 students of Std. 5th to 10th General, Ophthalmic & Dental checkup, Hb estimation, Anemia treatment, deworming of school Children boys and girls between age groups 11 – 17 years With Lectures on Sex education, Adolescent health & Hygiene, Nutrition, Good Touch, Bad Touch, Media Addiction. Dental Check up was done by Team IDA.

14. MISSION PINK HEALTH: (AAO GAON CHALEIN): Sunday 18th August 2019



A comprehensive health checkup Camp conducted on 18th August 2019 in the Flood affected Adivasi Ashramshala, Ghotegegar for 440 Adivasi Students (Std. 1st to Std.10th) Donations in the form of Note books, grains and blankets received from branch members & Inner Wheel Club of Dombivli were handed over to the Adivasi Ashram School authorities.

15. MISSION PINK HEALTH: AAO SCHOOL CHALEIN (Thurs.22nd August 2019)



School Health Education at Gurukul day school Sessions was conducted for students of class 7th to 10th on Reproductive health and Changes during adolescence for boys and session on Reproductive health, nutrition and hygiene for girls was taken by IMA Dombivli experts. About 150 students were benefited. Informative MPH Poster was handed over to the school authorities by the President. Well Appreciated and a Satisfying Experience.

16. ORGAN DONATION AWARENESS WEEK (14th August to 21st August 2019)



IMAPulse@Live: CHAT SHOW with renowned Branch Experts for the COMMUNITY & the Fraternity LIVE on Facebook.

14th Aug. 2019: IMAPULSE@Live chat show on Organ Donation Synopsis.

16th August 2019: IMAPULSE @ Live Talk on Living Donor & Blood Donation.

17th & 18th August 2019: Organ Donation Awareness Stall & Registrations at the Inner Wheel Club Exhibition Dombivli. WDW members participated in Organ Donation awareness activities at Organ Donation awareness stall and registration at Inner wheel exhibition, Dombivli East. 35 pledge forms were collected from the community for organ donation who visited the exhibition.

20th August 2019: IMAPulse @ Live Interactive Talk on Organ Donation After Death & Body Donation.

17. ORGAN DONATION AWARENESS DRIVE (Friday 16th August 2019)

Superbly Crafted clear concise Lectures & A short interactive Quiz Competition was conducted for Bsc.IT students of Pragati College, Dombivli. An Insight into Organ Donation, Skin Donation, Eye Donation. on Body Donation with The Pledge 'To Be the Ambassadors of Organ Donation'. Videos were recorded Live & were aired on Facebook for social media awareness.

18. EYE DONATION FORTNIGHT (Thursday 29th August 2019)

IMAPULSE@ Live Chat on Facebook with eminent branch ophthalmologists on Eye Donation.

19. MISSION PINK HEALTH (Saturday 14th September 2019)



ANAEMIA DETECTION & CONTROL PROGRAM: MPH team conducted a camp at Sarvoday School, Dombivli East as a part of MISSION PINK HEALTH program, Anemia detection & treatment with general health checkup was conducted for girls and boys between the age group 12 to 16 yrs. with talk on Anemia awareness, menstrual health & hygiene for girls and lecture for boys on general health & adolescent issues. Nearly 250 children benefited.

20. MISSION PINK HEALTH (Thursday & Friday 19th & 20th Sept. 2019)



SCHOOL HEALTH PROGRAM held at Swami Vivekananda School, Dombivli East. Beneficiaries were 200 students of Std. 7th to Std. 10th. Lectures on Hand Hygiene, Nutrition & Health, Media Addiction, Good Touch, Bad Touch, Adolescent Health and Hygiene, Sex Education. Clinical Examination, Hb Check-up & Treatment were provided for Deworming for every child & Iron supplement (to those with Hb less than 11gm./.). Dental Check-up was done by Team IDA.

21. WORLD HEART DAY (Saturday 28th September 2019)



BLS workshop for Lay Rescuers: As we celebrated World Heart Day, the HBI Team reached out to the Community & Educated them with the basic skill to perform CPR in a Cardiac Arrest' situation. The Interactive CPR (Hands ON) training on Manikin was conducted for the community at Regency Estate and was Attended by 80 Adults & appreciated by the enthusiastic crowd whilst they requested us for some more of Skill training and knowledge upgradation Programs.

22. WORLD ELDERS' DAY (Monday 30th September 2019)



On occasion of World Elders Day, IMA Dombivli Team reached out to the community and conducted very useful session on *STRESS MANAGEMENT IN ELDERLY*. An interactive session with live FB coverage was conducted for the Senior citizens Club at Regency estate by eminent psychiatrist of our branch. Attended by 70 senior citizen members & well appreciated by them as they asked for many more such informative session in near future.

23. KOJAGIRI POORNIMA (Sunday 13th October 2019)



IMA Dombivli WDW celebration of Kojagiri Poornima with Inmates of Old Age Home at DILASA at Regency AND MAZE GHAR at MIDC old Age Homes. It was great satisfactory experience to sit and chat with those senior citizens who are staying away from their families and missing a lot their families on festivals. IMA DOMBIVLI distributed SNACKS, Fruits & KHEER to them and spent some quality time with them.

24. CHILDREN'S DAY CELEBRATION (Thursday 14th NOVEMBER 2019)



Organ Donation Awareness POSTER COMPETITION IN SCHOOLS: IMA DOMBIVLI WDW ACTIVITY AND ORGAN DONATION COMMITTEE organized a

Poster and Quiz competition on ORGAN DONATION at Patkar School and Sister Nivedita Schools in Dombivli. Held in two age groups Std. 5th to 7th and Std. 8th to 10th more than 40 posters from each school were received and judged by the Committee heads. Winners from each group were felicitated with gifts. Winning posters were exhibited at the exhibition galley of IMAFest 2019.

25. MISSION PINK HEALTH (Tuesday 3rd December 2019)



AAO SCHOOL CHALEIN Program held At Holy angels School, Gandhinagar, Dombivli east. Awareness lectures conducted by our IMA Dombivli Doctors on Sex education, Menstrual Hygiene, Adolescent Health for the beneficiaries:- 160 boys and girls.

26. MISSION PINK HEALTH: Aao Gaon Chalein (Friday 6th December 2019)



Aaon Gaon Chalein Health Check-up Camp at Adivasi Pada, Kolegaon on 6th December between 3.00 pm to 5.30 pm. Approximately 20 Adivasi Families i.e.70 Adivasi people of all age groups benefitted from the Health Check-up conducted by Physician, Paediatrician, Dermatologist, Ophthalmologist, Gynaecologist & Medicines were Dispensed as per requirement.

27. MISSION PINK HEALTH: (Monday 14th December 2019)



SCHOOL HEALTH PROGRAM IMA Dombivli under Banner of Mission Pink Health Conducted Health Check Up & Treatment Camp @ Swami Vivekanand School, Datta Nagar, Dombivli East. General Health Check-up of 380 Students from Standard 5th to 8th (12-16yrs old boys & girls). Haemoglobin Estimation of all students was done. 42 Students were found to be Anaemic & Given Iron Folic Acid Supplementation. Deworming Of all Students done. Awareness Lecture on Adolescent Health, Sex Education & Menstrual Hygiene were Conducted.

28. CPR WORKSHOP FOR LAYPERSONS (Sunday 20th December 2019)



For college students n teachers at CHM (Chandibai) college at Ulhasnagar on Excellent Lecture on importance of CPR: how and when to give CPR Hands on training on BLS & use of AED machine was given by branch experts. 50 students benefited from CPR workshop and all were enthusiastic about learning.

29. MISSION PINK HEALTH- AAO SCHOOL CHALEIN (Thurs.23rd January'20)



IMA Dombivli Under Adolescent Health of Mission Pink Health Conducted Addiction Awareness Activity " **Say No to Drugs** " at @SIES College, Dombivli East on 23rd January 2020 at 11.30 am our eminent Physician & Psychiatric consultants interacted with students & informed about Mission Pink Health & Other Projects run by IMA Dombivli and delivered a lecture on " Say No to Drugs " Approx. 66 students attended and benefitted from the session.

30. LIFESAVERS' Run 2020- Season II (Sunday 26th January 2020)



IMA DOMBIVLI- HBI COMMITTEE organized on occasion of Republic Day at KDMC ground, MIDC DOMBIVLI. Theme: '**Be Heart Healthy**'. The Run received an enthusiastic response with more than 300 medicos & non medico participants from Dombivli, Kalyan, Thakurli, Kopar, Badlapur, Ulhasnagar and Ambarnath spreading Awareness about HEART HEALTH. In the 2km, 3km, 5km Run distance with age groups ranging from 14 years to 80 years. The winners were categorized according to age, male / female and distance. Runners enjoyed the Prerun warm up Zumba

sessions and Stretches. The Run was flagged off by dignitaries Dr. Archana Pate and Dr. Ajit Oak. Post Run Dr. Anuj Bhasin an eminent cardiologist of our town & the event co-sponsor gave small and workable tips on the Art of Staying Heart Healthy. A Musical skit 'Be Heart Healthy' was presented by Mr. Raj Vanmali & his Blitz Dance academy students aiming to create awareness in the community and amongst the masses on the Perils of Cardiac Health especially in the Generation Young. Dignitaries Dr. Mangesh Pate, Dr. Ajit Oak and Dr. Anuj Bhasin graced the prize distribution ceremony. Special prizes were given to cancer survivors and senior citizens. LIFESAVERS' Run- Season II was a grand success with participants generously appreciating the arrangements and asking for more of such well organized and meaningful activities. We thank them for it's their participation and encouraging comments which has boosted our spirit giving us the confidence to take our event one step forward with LIFESAVERS' RUN – SEASON III as we come back with a better and a bigger version. LIFESAVERS' RUN FOR A CAUSE.....!!

31. MISSION PINK HEALTH: Aao School Chalein (Thursday 4th March 2020)



HEALTH EDUCATION PROGRAM was conducted on 4th March 2020 between 3.00 to 5.00 pm IMA Dombivli Under MPH Along with Mahatma Phule Police Station, Kalyan West at SRI VANIVIDYASHALA HIGHSCHOOL, Kalyan West. Awareness Lecture on " Sex Education, Good Touch, Bad Touch & Child Abuse was delivered by expert psychiatrist. A session on Reproductive health and Changes during adolescence for boys and session on Reproductive health, nutrition and hygiene for girls was taken by experts from IMA Dombivli. About 300 students were benefited.

32. IMA Dombivli Flood Relief Fund Donation

IMA Dombivli members contributed actively and donated generously for the flood relief operations initiated by IMA MS, in the remote affected areas of Satara, Kolhapur and Sangli districts. IMA Dombivli shall continue to stand by the community in times of need.

C) Events organized as per IMA MS/IMA HQ directive in the year 2019-20

1. SAFE MOTHERHOOD WEEK: Thursday 11th April 2019



At Shastrinagar Municipal hospital. Beneficiaries: Expecting mother's coming for ANC OPD, delivered mothers in the wards, Mothers coming for vaccination of their babies and Mothers coming to paediatric OPD. Interactive sessions conducted by branch gynaecologists.

2. IMA HEALTH MANIFESTO: A MEET WITH LOKSABHA CANDIDATE (19th April 2019)



Indian Medical Association Leaders presented IMA HEALTH MANIFESTO to Dr. Shrikant Shinde Lok Sabha candidate from our constituency. Dignitaries who graced the occasion were: Hon. Shri Ravindra Chavan (Minister of State) Dr Ravi Wankhedkar, Imm. Past Nat. President, Dr. Hozie Kapadia President IMA MS Dr.Suhas Pingle Hon Secretary IMA MS, Dr. Dhiren Kalawadia Hon. Treasurer IMA MS Dr Mangesh Pate, Chairman HBI IMA MS.

3. PROTEST DAY (FRIDAY 14th JUNE 2019)



IMA condemns any incidents of violence against doctors and healthcare facilities and stood United in the hour of Protest. IMA Dombivli branch office bearers and members visited Tahsildar office Kalyan & a memorandum Letter to the PMO office was handed to representatives of Tahsildar office Kalyan on 14th June at 4pm. Press Releases were given to local Newspapers and journalists. IMA Dombivli members protested silently by wearing black badges & black bands.

4. PROTEST DAY (Mon. 17th June 2019 to Tues. 18th June 2019)



24 hours Withdrawal of NON-Essential Medical Services.

IMA Dombivli branch announced withdrawal of services 17th June 6am to 18th June 6am as per Directives from IMA HQ and IMA MS. IMA Dombivli doctors supported 100% for same and only emergency services and casualty were functional in Dombivli. Special GBM & A Press Conference and was organised wherein issues of frequent attacks Doctors and healthcare professionals were discussed. Doctors were united and IMA Dombivli doctors condemned any incidents of violence against doctors and healthcare facilities. Open forum was organised where doctors discussed their experiences.

5. DOCTOR'S DAY CELEBRATION (SUNDAY 30th June 2019)



Doctor's day was celebrated by convening a Special GBM in which IMA HQ Theme of Healthcare Violence was discussed and the Importance of Grievance cells and laws to stop such violence were stressed upon by National Treasurer IMA HBI HQ and National Convener for Committee on Zero Tolerance of Violence on Doctors Dr. Mangesh Pate and Dr. Avinash Bhondwe President Elect IMA MS graced the evening as honourable Chief Guest along with Dr. Mrs. Meena Bhondwe.

6. BLOOD DONATION DRIVE (Sunday 30th JUNE 2019)



55 units of blood collected as part of blood collection drive organized by the branch at Dombivli Gymkhana.

7. SAY NO TO NMC BILL 2019 (Wednesday 31st JULY 2019)



IMA Dombivli PROTESTED AGAINST NMC BILL with Complete withdrawal of non-essential medical services. Our very own IMA National Leader Dr. Mangesh Pate gave an in-depth analysis of NMC Bill and its effect on the existing and future status of medical services. IMA Dombivli conducted GBM to discuss all aspects of NMC bill and the reason behind the call given for suspension of routine medical services by IMA all over India. The GBM saw a huge turnout of members. This was followed by press conference which was attended by many reporters from print and television media and they were made aware of the harsh realities of NMC bill and its overall effects on medical education and healthcare system in India. A memorandum was submitted to Tehsildar, Kalyan. We joined the Nation-wide Agitation And stood Unitedly Strong.

8. BREASTFEEDING AWARENESS WEEK (Wednesday 7th August 2019)

IMAPULSE @ Live on 7th August 2019- Empower Parents, Enable Breastfeeding
An Interactive Talk Show on Breastfeeding Awareness by Experts from our branch.

D) CULTURAL & FELLOWSHIP PROGRAMS Organised in the YEAR 2019- 20.

1.DANCE: A HEALING ART FORM



A Cultural programme on Installation Day. Attended by 100 branch members with families.

2. DOCTOR'S DAY Felicitation of Members & Families (Sunday 30th June 2019)



Was Celebrated with great pomp on 30th June 2019 with felicitations of of IMA doctors for completing 25 years practice and for their academic and extracurricular achievements. IMA family members were felicitated for excelling in academic and extracurricular activities. The program was attended by over 150 IMA Dombivli members with family.

3. Cultural Program 'Corporate KIRTAN' (Sunday 30th June 2019)



Presented by the branch WDW & Organ Donation Committee to sensitize our members to Pledge their Organs. Scripted & directed and performed by branch Managing Committee members on occasion of Doctor's Day celebration which was followed by DJ dance and sumptuous dinner for branch IMA families.

4. MONSOON PICNIC (Sunday 25th August 2019)



The Women Doctor's Wing of IMA Dombivli organized a monsoon picnic. 35 IMA DOMBIVLI members along with their families joined the IMA Monsoon picnic at Sabarwal farms Kalote Mokashi near Khopoli. Waterfalls, Water sport activities, delicious food and Friends made it a wonderful outing with fond memories to cherish. Games organised by the office bearers were a fun unlimited experience.

5. NAVRANG 2019 (SUNDAY 24th November 2019)



IMA Dombivli celebrated its Annual cultural Festival NAVRANG 2019 @IMAFEST 2019 with great fanfare and enthusiastic participation of branch members on 24th November 2019. This cultural festival of IMA Dombivli @ IMAfest 2019 offered the platform to Branch members and families with an opportunity to express their hidden talents & treasures. As the name goes there were NINE Performing & Non performing events: Nupur (Dance competition), Taraana (Singing competition), IMA's got Talent (The Talent Competition), Adaakari (Monoacting), Fancy Dress Competition (Atrangi- Satrangi), Ad Mad World (Crazy kiya Re) & Jalwa (The fashion Show), Poetry competition, Essay Competition and Short Film making Competition(Aavishkar). Experts in the respective fields were invited as judges. IMA members, their spouses, kids and family members participated enthusiastically into

the event. An evening with IMA Dombivli memories of which will be cherished for long time.

6. MAKAR SANKRANTI CELEBRATION (Wednesday 15th January 2020)



Makar Sankranti was celebrated in a traditional manner by women members of IMA Dombivli Managing Committee on with the traditional Haldi Kunku program & giving tilgul & gifts.

7. ANNUAL BRANCH AWARD CEREMONY (Sunday 1st March 2020)



Organized on Sunday 1st March 2020, 6 pm onwards. was attended by 170 members with families. Branch members were honoured and conferred with Awards in the following categories: 1) Lifetime Achievement Award 2) Doctor of the year Award, 3) Active member of the year Award 4) Active Managing Committee member Award 5) Most Active Office Bearer Award 6) Most Promising member Award 7) Best Committee Award 8) Most Enthusiastic IMA member AND 9) President's Appreciation Awards. The much-awaited programme on the evening was conducted to express thanksgiving and encouragement to IMA teams now and in times to come.

8. CULTURAL PROGRAM ON AGM NIGHT (Sunday 1st March 2020)



“ दिल धडकनेिो “A MUSICAL SKIT conceptualised by our own branch member and Presented by Dancers of Blitz Academy was followed by Family Games, Music & Dance on the theme: ‘Make IMA Dombivli Your Valentine’. The evening ended high on notes of music, DJ, dine & wine.

9. INTERNATIONAL WOMEN'S DAY CELEBRATION (Sat.14th March 2020)

A CHAT SHOW: ‘Tejaswini Speaks’ on Women Safety at Home, Work & community by eminent lady personalities in the field of Medicine, Law, Police Force, T.V. Anchor & Social worker was scheduled for 14th March 2020, at Rotary garden Amphitheatre. It sadly had to be Cancelled due to the Covid Pandemic situation declared by the Govt. Authorities.

E) BRANCH EVENTS

IMA Dombivli Grievance Redressal Cell Activity

IMA Dombivli witnessed Five instances of Doctor-Patient Grievances wherein our members sought help from IMA. Each of these cases were successfully nipped in the inception stage by the Grievance Redressal cell and our branch office bearers’ team.

Annual General Body Meeting (Sunday 1st March 2020)



Elections results 2020-21 team announcements and Cultural evening with family get together celebrating Valentine’s Day theme. Annual Report Presentation by Secretary and Committee heads was as if the whole Year passed in front of our eyes as a fast forward. A realisation...! So much was done and so much more could be done.

MEMBERSHIP DEVELOPMENT DRIVE



IMA Celebrates You!! IMA Dombivli Birthday Celebrations connecting with IMA members as part of our Membership development committee started from 1st April 2019. On their birthday, our team wished the branch member on WhatsApp groups by posting a special card for them. We visited them in person and presented them with a small gift on behalf of IMA Dombivli. The Birthday Celebrations continued until the Covid pandemic struck and the lockdown dampened our Spirit of Celebration. 05 New Life members were inducted in the year 2019-20.

' DIALOGUE ' MOUTH PIECE OF IMA DOMBIVILI Released Quarterly



'Dialogue', the magazine of IMA Dombivli, is the mouthpiece of each and every member of IMA, for conversation with themselves as well as with world around them. It is the expression of the aims, aspirations and activities of the members in the professional, social, spiritual and other fields To reflect these ideas, we segmented articles in our Dialogue into various groups. **Professional** - Medicine is a fast changing field. It is difficult to keep in touch with the latest information for anyone at their personal level with their busy schedules. To help our members learn & understand the latest developments in the field of Medicine & Surgery, we published articles by highly skilled specialist doctors on the latest developments and newer modalities of treatment, to help our members stay up to date. **Social** - Since IMA is a national body, fighting for rights of Doctors and taking up their issues with Local, State and Central government, one segment of articles were dedicated to make the local IMA members aware about these activities. **Cultural**: Our members are not only skilled professionals, but are extremely talented and creative individuals in fields other than

Medicine. To showcase this hidden side of their personalities, one segment of articles was dedicated to their poems, travel experiences, talents and hobbies in different fields like Dance, Photography, Yoga, Astrology, etc.

COVID - 19 Pandemic: Branch PREPARATION AND PLANNING



THE INVISIBLE WAR with COVID 19 had just begun. IMA Dombivli started gearing up with local Government body (KDMC) to face the Pandemic in the lockdown period and prepare for the storm to come. Branch COVID Task Force team was formed under the experienced guidance of Dr. Mangesh Pate, Dr. Archana Pate and President Dr. Meena Pruthi with Dr. Vijayalaxmi Shinde, Dr. Vandana Dhaktode, Dr. Niti Upasani, Dr. Hemant Patil, Dr. Vijay Chinchole, Dr. Bhakti Lote and Dr. Sunit Upasani as team members. A series of meetings followed with the KDMC Officials, the Hon. Commissioner, Deputy Commissioner and the Medical Officer of Health. The Warriors were getting geared up, conducting meetings, online training programmes, planning schedules and procuring PPEs, Masks, Sanitizers, Gloves, etc. 21st March 2020; IMA DOMBIVLI started the RESPIRATORY OPDs COVID Warrior team of 22 doctors who volunteered their service and expertise for the cause started attending Respiratory OPD's, for 04 hours daily at Shastrinagar Hospital, consulting and screening them and notifying COVID Suspects to the appropriate authorities for further testing. Online Training videos for Task force doctors by Dr Archana Pate, Physician and Intensivist and Dr. Vijayalaxmi Shinde, Clinical microbiologist and infection control advisor were circulated in IMA whatsapp groups. Daily Online preparatory meetings as per directives from IMA HQ, IMA MS were conducted. MOHFW, ICMR guidelines were followed for planning and preparation. IMA HQ, IMA MS, IMA HBI Awareness material were distributed and shared with our Branch Members on whatsapp and via emails. Information posters were designed to be displayed in OPD & Hospital settings for the staff and the patients. Further planning for Community Clinics/ Fever OPDs and setting up of Covid Only hospital for IPD admissions was initiated by the Covid task force team in conjunction with the local healthcare authorities.

OUTSTANDING CONTRIBUTION by Branch Members

- 1) **Dr. Mangesh Pate:** BRANCH PATRON- IMA National Leader, National Treasurer IMA HBI and Chairman HBI IMA MS for his outstanding and selfless contribution to the Branch, IMA National & Maharashtra State Activities and Projects in relation to ALL related Hospital issues; Biomedical Waste, Fire, Healthcare Violence, Grievance Redressal, Legal issues.
- 2) **Dr. Archana Pate:** Branch IPP, MMC Executive member, IMA National Leader, Past Chairperson IMA MS WDW and Chairperson Mission Pink Health IMA MS for her contribution to Branch, IMA National & State activities and Projects and adding greater & new dimensions to Mission Pink Health Programs in branches all across Maharashtra.
- 3) **Dr. Niti Upasani:** Branch Past President & IMA MS WDW Convener for her contribution in IMA MS Women Wing activities.

IMA MAHARASHTRA STATE Meetings attended

- 1) **IMA Maharashtra State Executive Meeting at Aurangabad Sunday 11th August 2019.** Attended by Dr. Mangesh Pate, Dr. Meena Pruthi, Dr. Niti Upasani and Dr. Makarand Ganpule.



- 2) **EVECON 2019 at Baramati (19th August 2018)** Attended by Dr. Meena Pruthi & Dr. Niti Upasani from IMA Dombivli.



- 3) **IMA Maharashtra State Executive Meeting and Annual Council Meeting at MASTACON 2019 at PUNE (15th – 17th November 2019)** Attended by Dr. Mangesh Pate, Dr. Archana Pate, Dr. Meena Pruthi, Dr. Niti Upasani and Dr. Sunit Upasani from IMA Dombivli.
- 4) **IMA Maharashtra State Executive Meeting at NAGPUR (23rd Feb. 2020)** Attended by Dr. Mangesh Pate, Dr. Meena Pruthi, Dr. Niti Upasani and Dr. Vandana Dhaktode from IMA Dombivli.



IMA HQ MEETINGS ATTENDED

- 1) **Central Working Committee Meeting – 6 th & 7th April' 19 at Puri, Orrissa.**
Attended by Dr. Mangesh Pate & Dr. Archana Pate from IMA Dombivli
- 2) **Central Working Committee Meeting (2nd & 3rd Nov.'19) at Port Blair**
Attended by Dr. Mangesh Pate & Dr. Archana Pate from IMA Dombivli
- 3) **Central Council meeting at NATCON '19 (27th- 28th Dec. 2019 at Calcutta)**
Attended by Dr.Mangesh Pate & Dr. Archana Pate from IMA Dombivli.

NEWSPAPER /MEDIA COVERAGE

IMA Dombivli activities newspaper coverage during the year 2019-20.



Members Honoured with IMA AWARDS in 2019-20

At MASTACON 2019



- 1) IMA MS Best President Award for Medium Branch for the year 2018-19 awarded to Dr. Archana Pate.
- 2) President's Appreciation Award awarded to Dr. Mangesh Pate.
- 3) President's Appreciation Award awarded to Dr. Niti Upasani
- 4) IMA MS President's Appreciation Award for Hosting Mahahospicon 2018 Awarded to Dr. Archana Pate & Team IMA Dombivli 2018-19

At NATCON 2019



- 1) **IMA Dr. P.C.Bhatla Oration Award** - Dr Mangesh Pate for dedicated and outstanding work to medical profession
- 2) **Best IMA local Branch Rotating Trophy of Dr N.S.Chandra Bose** for the year 2018-19 to IMA Dombivli (for medium branch)
- 3) **IMA National President's Appreciation Award as Best WDW State Secretary** Awarded to Dr. Niti Upasani.

AWARD RECEIVED FOR THE SOCIAL SERVICE PROJECTS



Team IMA Dombivli was honoured with the ' Navratna Puraskar ' at the hands of Smt. Medha Patkar, Social Activist, Anupama Khanvilkar News Anchor, Zee 24 Taas, Priyanka Munvekar - Marathi Actress, and Gauri Sawant - Social Activist. At the Award Ceremony organised by NGO - Helping Hands Welfare Society For the Community Service Projects done by IMA Dombivli Branch.